

From Panama with Love: A Sailing EcoMoon

The Journey

Day 1: Arrive in Panama City: Unfasten, unpack, unwind...

Upon arrival at the airport in Panama City, you will be greeted by our local crew and escorted to your hotel in the city. Your personal guide will review your vacation plan with you before retiring to your room for some deserved rest. The rest of the day is free for you to enjoy the hotel facilities or take a first peak at the city on your own. Overnight.

Services included today:

- *Private airport arrival transfer*
- *Accommodations in Panama City*

Day 2: Panama City History Tour: A tale of pirates and conquistadores

Stroll around *Casco Antiguo*, the beautiful Old Quarter, traveling back in time as you admire the lovely restored colonial mansions, French balconies, narrow alleys, and impressive churches. Listen to the city's fascinating history as you sip a cup of renown Panamanian coffee or hot chocolate before visiting San Jose Church and its golden altar, French Plaza, the city walls, and the Central Plaza. Our explorations will lead us to the entrance of *Casco Antiguo*. We will stop at the popular Fish Market to see the daily activity. We continue to *Panama La Vieja*, the original settlement which was looted and destroyed by notorious English buccaneer Henry Morgan in 1671. Walk with your guide through the ruins as you listen to the amazing recount of the event. Wrap it up with a visit to the new museum for an interactive display of how people lived during those tumultuous times. You will feel as if you were in a live History Channel episode!

Services included today:

- *Breakfast at your hotel*
- *Private, guided Panama History Tour with coffee break*
- *Overnight accommodations*

Day 3: Arrive in San Blas and set sail

Early this morning, a private, all-terrain vehicle will pick you up for your 3-hour overland trip to Catri, where the road ends and the Caribbean Sea begins. Since there are no ports in San Blas, a local water taxi will be waiting to take you to your vessel. Your captain will welcome you aboard, discuss your itinerary for the next four days, and set sail for one of the world's most beautiful and pristine archipelagos. It is time to relax and delve into the adventure. Our boats range from standard catamarans to deluxe monohulls. The catamaran we normally use is a Nautitech 43.5PRO that boasts a stylish designed hull and great sailing performance for inshore and blue water sailing. Built in France by famous shipyard Nautitech Yachts, our catamaran features three double cabins and spacious sitting and dining areas and is comfortable enough for spending weeks in San Blas. Upgrades available upon request!

Services included today:

- *Private overland transfer to San Blas*
- *Transfer to your private boat*
- *All meals aboard*
- *Snorkeling equipment, kayak and/or paddle boards*
- *Accommodations on your private boat*

Days 4-6: Sailing San Blas, where the Kuna Indians rule

More than 350 islands, many nameless, most uninhabited, all pristine. Swaying palms, white sand beaches, azure crystalline waters, some of the oldest coral reefs in the world, and the Kuna Indians. A proud people with their own language and traditions, and legends, and gods. They rule their archipelago. Men fish from their canoes while women knit Molas, traditional rainbow-colored patterns emblazoned with fish, birds, jungle animals, and geometric designs. Snorkel, feel the breeze, eat fresh seafood, and mingle with the Kuna. You will arrive as a foreigner and leave as a friend.

Services included today:

- *All meals aboard*
- *Snorkeling equipment, kayak and/or paddle boards*

- *Accommodations on your private boat*

Day 7: Exploring the Panama Canal Basin

Today you will have the opportunity to enjoy the ecological treasures of the Panama Canal Basin. The Gamboa Resort, located on the banks of the Canal, has been carefully designed to provide a variety of educational and adventure experiences for its guests. Relax by the pool, indulge on a spa treatment, go for a jungle hike, take a ride on the Aerial Tram, or paddle the Canal on a kayak (note that some of these activities have an extra cost).

Services included today:

- *Breakfast at boat*
- *Private overland transfer back to Panama*
- *Overnight accommodations in Gamboa*

Day 8: The Canal: Operation, navigation and screeching residents

Miraflores Locks, 10am: massive vessels are lifted to make the transit between two great oceans in one of the world's greatest engineering feats. You will be there to watch it, from the vantage point at the Visitor Center's sheltered terrace. Your personal guide will answer any doubts and then invite you to join him in a visit to the amazing onsite museum for a great overview of the construction of the Canal, its history, and significance for Panama and the entire world trade. We then move to Gamboa, jump on a boat and navigate along the canal in close view of those same vessels; the difference is that they now look much bigger! We explore the islands in Gatun Lake, the Canal's backstage, where packs of monkeys, sloth and many tropical birds are common sights. A complete sensory experience that will linger in your memory for a long time!

Services included today:

- *Breakfast at your hotel*
- *Private, guided Miraflores Locks*
- *Group boat ecotour*
- *Overnight accommodations*

Day 9: Return home, energized and wiser

Time to bid farewell to this magnificent land. Your driver will take you to the airport in time for your departing flight. We hope you have enjoyed your stay with us and look forward to hosting you again in the near future. Safe journeys...

Services included today:

- *Breakfast at your hotel (if schedule permits)*
- *Private airport departure transfer*